



The Big Budleigh Take Over!



**When: Saturday 10th
February**

Where: Exmouth Seafront (Ocean)

Time: 9am



What do I need to do? Register here: (Only once!)

<http://www.parkrun.org.uk/register/>

Then print out and bring your barcode along with you. Park run starts directly opposite The Pavillion on Exmouth Seafront at 9am. It is a 5km flat route that can be walked, run, scooted or hopped! It is marshalled all the way (you may see some faces from our school staff!) and when you finish you are given a little barcode that you take with your printed one into Ocean to have scanned. Park run then send you an email telling you your time and position...if it's your first time it's a guaranteed personal best!

You can register and sign up for a marshalling slot if you want to aswell...

See you there!

Mrs Broad