















Week 1 - Main		
Date 5/7*, 19/7, 30/8*, 13/9, 27/9, 11/10	Menu	Allergens
Monday	Cheese and Onion Pasty served with steamed new potatoes and green beans Fresh grapes and Apple or Melon slices	  
Tuesday	Salmon bites served with pasta and baked beans Apple and Berry Crumble served with ice cream	  
Wednesday	Roast Herbed Fillet of Chicken with garlic and rosemary roasted potatoes and seasonal vegetables with gravy. Fruity Jelly	 in <i>gravy</i>
Thursday	Pasta Bolognaise served with broccoli and crusty bread Pancakes and Berry Fruity sauce	     
Friday	Sausage and chips with peas and sweetcorn. Served with tomato ketchup Fruity flapjack	 

WEEK 2 Main menu



Week 2 - Main		
Date 28/6, 12/7, 6/9, 20/9, 4/10, 18/10	Menu	Allergens
Monday	Jacket potato with cheese or tuna mayonnaise, served with broccoli and sweetcorn. Grapes and Apple or Melon slices	Lentils b vits pulses, peppers vit c, carrot vit A V  
Tuesday	Fish fingers with chips and peas and sweetcorn, served with tomato ketchup Angel Delight	  
Wednesday	Baked Gammon with garlic and rosemary roasted potatoes and seasonal vegetables with gravy. Fruity Jelly*	 in gravy
Thursday	Sausage rolls served with baked beans and potato wedges Iced sponge	   V
Friday	Breaded chicken and chips with peas and carrots Chocolate Shortbread biscuit	

Allergen	Milk 	Soya beans 	Fish 	Eggs 	 Mustard	Gluten 
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- * tuesday 6th July will be Monday's dinner
- * thursday 2nd September will be Monday's dinner
- * friday 3rd September will be Friday's dinner but with angel delight