



St Peter's

BUDLEIGH SALTERTON CHURCH OF ENGLAND PRIMARY SCHOOL

Allergy & Anaphylaxis Policy

Created: June 2026

Review: June 2027 and then every 3 years

1. Policy Statement

In accordance with **Benedict's Law**, this school is committed to a "whole-school" approach to allergy safety. We aim to minimise the risk of accidental exposure to allergens and ensure a rapid, competent response to anaphylaxis. This policy applies to all staff, pupils, and visitors.

2. Roles & Responsibilities

- **Allergy Lead:** The Headteacher is responsible for the oversight of allergy management, staff training, and compliance.
- **Staff:** All staff (teaching and non-teaching) must be able to recognise symptoms of an allergic reaction and know the emergency response procedure.
- **Pupils:** At the start of each year, pupils with allergies are encouraged to share their specific allergy with their class to foster peer awareness and support.

3. Risk Management & Prevention

- **Individual Care:** Every pupil with a known allergy has a formal **Risk Assessment**.
- **No Food Sharing:** The school operates a strict "no food sharing" policy.
- **Safe Dining:** An **Allergy Table** is provided in the hall at lunchtime to ensure a controlled environment for high-risk pupils.
- **No Treats:** To ensure inclusivity and safety, external food treats (e.g., birthday sweets) are not permitted on the school premises.
- **Communication:** A termly update is included in the parental newsletter detailing current school allergies to maintain community awareness.

4. Medication & Emergency Response

- **Adrenaline Auto-Injectors (AAIs):** All prescribed AAIs are stored in **unlocked, accessible locations** in the necessary classrooms. They are taken on all off-site trips and sports fixtures.
- **Spare AAIs:** The school holds "spare" non-pupil-specific pens in the **Headteacher's Office, Front Office, and the Hall** for emergency use if a pupil's own pen fails or is unavailable.
- **Near Misses & Incidents:** All allergic reactions and "near misses" (e.g., accidental exposure without reaction) are recorded by the headteacher on the appendix of this policy. Parents will be notified immediately via email/phone.

5. Training & Awareness

- **Induction:** All new staff receive training on allergen avoidance, signs/symptoms of anaphylaxis, and AAI administration.
- **Refresher Training:** Full staff training is conducted **termly** to ensure skills remain current and life-saving protocols are second nature.

6. Emergency Procedure

In the event of a suspected anaphylactic reaction:

1. **Stay with the child.** Send a messenger to get the AAI and call 999.
2. **Administer the AAI** into the outer thigh (note the time).
3. **Positioning:** Keep the child flat with legs raised (unless they have breathing difficulties, in which case sit them up slightly). **Do not stand them up.**
4. **Notify:** Inform the Headteacher and the parents immediately.